

**IF YOU ARE IN DANGER OR NEED EMERGENCY HELP,
CALL 911 OR YOUR LOCAL AUTHORITIES.**

Idaho Suicide Prevention Hotline – Call or Text 208-398-4357

Regional Children’s Mental Health Offices

Region 1 Behavioral Health

Boundary, Bonner, Kootenai, Benewah, Shoshone
208-769-1406

Region 2 Behavioral Health

Latah, Clearwater, Nez Perce, Lewis, Idaho
208-799-4440

Region 3 Behavioral Health

Adams, Washington, Payette, Gem, Canyon, Owyhee
208-459-0092

Region 4 Behavioral Health

Valley, Boise, Ada, Elmore
208-334-0808

Region 5 Behavioral Health

Camas, Blaine, Gooding, Lincoln, Jerome, Minidoka,
Twin Falls, Cassia
208-732-1630

Region 6 Behavioral Health

Bannock, Power, Caribou, Bear Lake, Franklin,
Oneida
208-234-7900

Region 7 Behavioral Health

Bingham, Lemhi, Custer, Butte, Clark, Jefferson,
Fremont, Madison, Teton, Bonneville
208-528-5700

CMH Crisis Respite Care

Region 1

Children’s Village
1350 W. Hanley Ave.
Coeur d’Alene, ID 83815
208-667-1189

thechildrensvillage.org

Ages Served: Females 0-18; Males 0-12

Region 3

Hays House
7221 Poplar St
Boise, ID 83704
(208) 322-6687

youthranch.org/hays-house

Ages Served: 9-17

Region 2

Children’s Village
1350 W. Hanley Ave.
Coeur d’Alene, ID 83815
208-667-1189

thechildrensvillage.org

Ages Served: Females 0-18; Males 0-12

Region 4

Hays House
7221 Poplar St
Boise, ID 83704
(208) 322-6687

youthranch.org/hays-house

Ages Served: 9-17

REGIONS 5-7 CONTINUES ON NEXT PAGE

CMH Crisis Respite Care (Continued)

Region 5

Safe House
650 Addison Ave W Suite 200
Twin Falls, ID 83301
(208) 234-2244
twinfallscounty.org/safe_house
Ages Served: 12-17

Region 6

Bannock House
620 W. Fremont St.
Pocatello, ID 83204
(208) 234-2244
byfhome.com
Ages Served: 10-17

Region 7

Gustafson House
2935 Rollandet
Idaho Falls 83402
208-542-2905
ashtonmemorial.com/services/gustafson-house
Ages Served: 6-17

East Idaho Youth Homes
550 Linden Drive,
Idaho Falls 83401
208-821-6360
eastidahoyouthhomes.org
Ages Served: 12-17

National Numbers for Youth

National Suicide Hotline

Available 24/7
Helps individuals in suicidal crisis with support
1-800-273-8255
suicidepreventionlifeline.org

Crisis Textline

Available 24/7
Support to all individuals in crisis
Text "HELLO" to 741741
crisistextline.org

Boys Town National Hotline

Available 24/7
Serving all at-risk teens and children
Call: 800-448-3000
boystown.org/hotline

Substance Abuse Mental Health Awareness National Helpline

24/7, English and Spanish
Support and referral for drug and alcohol services
1-800-662-HELP (4357)
samhsa.gov/find-help/national-helpline

Child Help USA National Hotline

Available 24/7, over 170 languages
Helps youth who are suffering child abuse
1-800-4-A-CHILD (1-800-422-4453)
childhelpusa.org

Trevor Project Lifeline

Available 24/7
Confidential suicide hotline for LGBT youth
866-488-7386
thetrevorproject.org

National Human Trafficking Resource Center

Available 24/7
Confidential hotline 1-888-373-7888 24/7
Text "HELP" or "INFO" to 233733
humantraffickinghotline.org

National Teen Dating Violence Hotline

Available 24/7
Questions or concerns about dating relationships
1-866-331-9474
Text "loveis" 22522
loveisrespect.org

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National Numbers for Youth (Continued)

The Anti-Violence Project

*Available 24/7, English and Spanish, LGBT-inclusive
Support for individuals who have suffered violence*

Hotline: 212-714-1124

avp.org

Trans Lifeline

Available 24/7

*Hotline staffed by volunteers who are all trans-identified
and educated in the range of difficulties transgender
people experience*

U.S. (877) 565-8860

Canada (877) 330-6366

translifeline.org

National Sexual Assault Hotline

Available 24/7

Supports victims of sexual assault, LGBT-inclusive

1-800-656-HOPE 24/7 or

Online Counseling at rainn.org

National Runaway Switchboard

Available 24/7

Confidential hotline supports runaway youth for safety

800-RUNAWAY (786-2929)

www.1800RUNAWAY.org

Reach Out

*Site where teens and young adults can find information
they need, reach out, tell their stories, and voice
their opinions “without fear of being judged or being
different.”*

Hotline: 1-800-448-3000

Gay Lesbian Bisexual Transgender National Help Center

Monday-Friday 1pm to 9pm pacific time

Monday-Friday 4pm to 12am eastern time

Saturday 9am to 2pm pacific time

Saturday 12pm to 5pm eastern time

Support for LGBT youth

Youth Talkline: 1800-246-PRIDE (7743)

glbthotline.org/youth-talkline

National Domestic Violence

Available 24/7

*Supports individuals who are experiencing domestic
violence*

Hotline: 1-800-799-7233 (SAFE)

thehotline.org/

National Eating Disorders Helpline

Available Mon.-Thurs. 9:00am – 9:00pm,

Fri. 9:00am – 5:00pm (EST)

*Support, resources and treatment options for people
struggling with eating disorders*

Hotline: 1-800-931-2237

National Center for Missing & Exploited Children (NCMEC)

Available 24/7

*Children who are missing or victims of sexual
exploitation.*

Hotline: 1-800-843-5678

Resources for Families

Youth Empowerment Services—Parents Page

Provides information regarding Children’s Mental Health Services in Idaho.

yes.idaho.gov/youth-empowerment-services/getting-started/parents/

Optum Idaho Provider Search

Find Therapists, psychiatrists, or other clinics in the Optum Network.

provider.liveandworkwell.com

Idaho Federation of Families for Children’s Mental Health

Idaho Federation of Families for Children’s Mental Health is a family-run nonprofit organization that actively promotes and seeks solutions for mental health well-being for our children and youth.

idahofederation.org

Idaho Department of Health and Welfare

State Agency

healthandwelfare.idaho.gov

Idaho 2-1-1 Resources

The 2-1-1 Idaho CareLine — a free, statewide, community information and referral service — is a program of the Idaho Department of Health and Welfare.

211-idaho.communityos.org

Sober Nation - Idaho Search

A go-to resource for those struggling with addiction and substance abuse related disorders.

sobernation.com/rehab/idaho

Self-Rescue Manuals

- *Ada County Self-Rescue Manual (available in English and Spanish)*
- *Canyon County Self-Rescue Manual*
- *Homeless Resource Pocket Guide*
- *Adolescent Resource*

selfrescuemanual.com

Liberty Healthcare Corporation

Idaho Independent Assessment Services

idahoias.com